

## **Directions to Mustard Seeds and Mountains**

Mission As Life Volunteer facilities

1. Whether coming North or South on **Interstate 77**, **get off at Exit # 1, the Bluefield exit.**
2. At the Stop sign **turn Right** and follow the road to the US460 intersection and **take the off ramp toward Bluefield.**
3. Follow the 460 toward Bluefield and watch for the Maryland Avenue Exit (at a traffic light). **Turn Right onto Maryland Avenue.**
4. Maryland Avenue takes a slow 90 degree turn to the left. Follow to the stop sign that says *stop unless turning Right*. **Turn Right at the stop sign.**
5. **You will follow this road for about 13 miles.** You will go through traffic lights before arrival, just continue on the same road with no turns. You will pass Bluefield Regional Medical Center, cross a large bridge over rail road tracks, pass Bluefield State College, and later on, Pinnacle Rock State Park. **You are on Route 52**, the road that takes you into McDowell County.
6. Continue on this road through a number of small towns until you reach Northfork (roughly 45 minutes from Bluefield).
7. In the town of **Northfork**, watch for the **Ameribank** on the Left hand side of the road. There is an intersection about 20 yards after the bank. A large brick building has a red and white sign that says *Nick's Famous Liver Sandwiches*.
8. **Turn Right** and go over the bridge **and park in the parking lot by the creek.**
9. Exit vehicles and walk back across Route 52 and **proceed up the street by the Nick's Famous Liver sign.**
10. Follow the street to the dead end. Look up at the large White house with the sign that says **EMMAUS**. This is the main facility for housing volunteers. Fifty yards up the hill is the other house called the **IONA** house which is also used for housing volunteers. Go to the Emmaus house where Mustard Seeds Staff awaits you.